



Instructions for 2021 IMDO for ALL Teams (Please read carefully)

Before the start of the competition on Saturday, July 31st:

1. Make sure you have fast and reliable internet connection. Test your internet connection before the start of the competition.
2. Make sure you have a Zoom account, free or paid (paid account recommended). Test your Zoom account before the start of the competition.
3. Make sure you have a quiet room to yourself on both days of the competition and will not be disturbed for the duration of the competition on each day. Make sure all your family members know not to disturb you. **On both days of the competition, you will not be allowed to wear earphones. To do so will result in disqualification from the competition.**
4. Make sure you have two devices with cameras that can join Zoom meetings. One of them should be a computer or laptop with a large screen, with microphone and speaker turned on. The other should be a phone in Airplane mode but with WiFi turned on, but with both microphone and speaker turned off. The phone should be pointed at your computer screen during the Online Exams and during the Medicine Bowl rounds. This phone should be the only phone in your room and can only be used to call your team's contact person in the case of an emergency. Test your two devices before the start of the competition.
5. Make sure you are familiar with the rules of the Medicine Bowl. Make sure you have a copy of the rules.
6. Decide on a number for each team member for the Medicine Bowl. Decide on who the team captain is. The team captain will answer the bonus question after a discussion among team members. The team captain will be #2 on the team.
7. Decide on team member designations that are easy for you to remember and for the moderator to call, using a color or your school's name. For example: Green 4; Jefferson 3.
8. Make sure you practice pressing "A" and "return" keys to simulate the buzzer in the Zoom Chat.
9. Make sure you are able to access the webpage for the IMDO Online Exams, www.usmdo.org/exam. The online exams will be on this webpage on July 31st.
10. Make sure you receive your Zoom meeting ID for the proctoring of Online Exams on Friday, July 30th.

On the first day of competition, Saturday, July 31st: (All times U.S. PDT)

1. The competition starts at 5 pm U.S. PDT.
2. The online exams will begin at 5 pm sharp. All 3 exams will be taken back to back and will last two hours and 10 minutes total: 50 minutes for the first exam, Molecular Cell Biology; 50 minutes for the second exam, Human Physiology; and 30 minutes for the last exam, Human Disease.

On the second day of competition, Sunday, August 1st: (All times U.S. PDT)

1. The following are the anticipated schedule for the Medicine Bowl on August 1st:

8 am: Preliminary Round

9 am: First Round

10 am: Round of 16

11 am: Quarterfinal Round

12 noon: Semifinal Round

1 pm: Championship Round

2. At least 5 minutes before a scheduled round, please log into the Zoom meeting with both of your devices. Sit comfortably before the first device. Set your second device so that it shows your computer screen.
3. Using the first device, log into the Zoom meeting with your real name for the roll call.
4. Individually, show your entire room to the moderator using either device.
5. Change your name to your team member designation.
6. **Only the 3 or 4 team members from each team, the moderator, and competition supervisor are allowed in the Zoom meeting. The Zoom meeting for each round will be recorded if the coaches would like to view it later.**
7. Before the round begins, all competitors should open their chat box. The scores of the two teams will be updated continuously in the chat box after each question.
8. To simulate the buzzer, press the keys "A" and "return" in quick succession in the Zoom Chat.
9. The competition rules are to be strictly observed.
10. For bonus questions, the team members can discuss the questions openly in the Zoom meeting because the opposing team has no opportunity to answer the questions later.
11. At the end of the round, the team captain from each team has to initial below the scores in the chat box using Zoom Annotation. After the team captains have written their initials, the scores and the results are final and cannot be contested.